CORONAVIRUS DISEASE (COVID-19) BACK-TO-SCHOOL QUESTIONNAIRE



The questions in these tools are designed to help you weigh the risks and benefits of available educational options before you make decisions. Recognizing that there may be many unknowns, answer each question with a check in the column that most closely reflects you and your family today. When you are finished, review your answers. Remember, each family is different so certain questions may be particularly important to you. Multiple checks in the "Unsure" or "Disagree" columns might warrant a conversation with school administrators, your healthcare provider, or your employer. Parents may also want to use the tool to make their views, concerns, and suggestions known to school administrators.

IN THIS SECTION, A "TRUE" RESPONSE INDICATES HIGHER RISK FOR COVID-19

| | Does Not Apply | False | Unsure | True |
|--|----------------|-------|--------|------|
| My child has an underlying condition that increases the risk for severe illness from COVID-19. | | | | |
| I live with someone, or my child's caregiver, is at increased risk for severe illness from COVID-19 due to age or underlying medical conditions. | | | | |
| The level of community spread in my area is high. | | | | |

If you, your child, or a household member are at increased risk for severe illness from COVID-19, you will need to weigh the benefits, risks, and feasibility of the educational options available.

RISK FACTORS

As you get older, your risk for severe illness from COVID-19 increases. People in their 50s are at higher risk for severe illness than people in their 40s. People in their 60s or 70s are, in general, at higher risk for severe illness than people in their 50s. The greatest risk for severe illness from COVID-19 is among those aged 85 or older.

People of any age with the following conditions are at increased risk of severe illness from COVID-19:

- Cancer
- Chronic kidney disease
- COPD (chronic obstructive pulmonary disease)
- Immunocompromised state (weakened immune system) from solid organ transplant
- Obesity (body mass index [BMI] of 30 or higher)
- Serious heart conditions, such as heart failure, coronary artery disease, or cardiomyopathies
- Sickle cell disease
- Type 2 diabetes mellitus



Based on limited data and information, people with the following conditions might be at an increased risk for severe illness from COVID-19:

- Asthma (moderate-to-severe)
- Cerebrovascular disease (affects blood vessels and blood supply to the brain)
- Cystic fibrosis
- Hypertension or high blood pressure
- Immunocompromised state (weakened immune system)
 from blood or bone marrow transplant, immune deficiencies,
 HIV, use of corticosteroids, or use of other immune
 weakening medicines
- Neurologic conditions, such as dementia
- Liver disease
- Pregnancy
- Pulmonary fibrosis (having damaged or scarred lung tissues)
- Smoking
- Thalassemia (a type of blood disorder)
- Type 1 diabetes mellitus